

DANCE STUDIO



Whether you have been dancing your whole life and want to add to your skills, or it has been something you have always wanted to do but did not take the time to do it, or you have an upcoming event you wish to feel confident about, Arthur Murray Dance Studio in White Rock has something for you.

The talented and experienced team, led by Franchisee Sheryle Gallivan, can help you spruce up your Waltz or try out the Salsa, all the while enjoying the company of others in a social environment.

“Our main focus is to create an atmosphere of fun and relaxation while attaining the skills you wish to achieve,” says Sheryle. “If you feel nervous about learning something new, just remember that dancing is just walking and moving to music. All we do is add the timing, the patterns and the styling.”

Since opening its doors in 2003, the studio has helped countless individuals – anywhere from students who want to make dance a hobby, are just looking to get fit, want to brush up for an upcoming event, to students who are looking to compete or perform. Although we can facilitate a wide range of requests, the majority of students generally want to be comfortable social dancers.

“It’s a great healthy activity, and its benefits are not only physical, but mental, emotional and social, as well,” says Sheryle. “We have people of all ages, from six years old to 93 years old, who come in.”

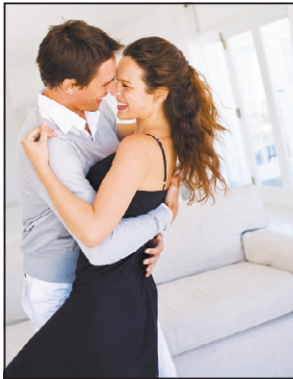
In fact, dancing may be better for you than you think. According to Sheryle, research has proven that ballroom dancing can help with the prevention of Alzheimer’s as it makes the brain work with the body to remember and execute the steps.

And dancing is fun! “Almost everyone leaves here smiling. Learning to dance, of course, involves time and money, but the smiles are free and they are priceless!” Sheryle says.

For those getting ready to take that next step in their relationship and decide to wed, the studio team can help make that first dance – where you look into each other’s eyes as a married couple – as romantic, entertaining and comfortable as possible. Arthur Murray has a wide range of first dance programs, from the basics to an extravagant choreographed dance.

So that you do not have to make a decision sight unseen, and to experience what learning to dance would be like, the team offers a free, no obligation lesson. For the convenience of their clients scheduling, the lessons are arranged by appointment.

“We have personally experienced the amazing gifts that being a confident dancer has to offer, and we are passionate about sharing those gifts with others,” says Sheryle. “Why wait another moment? Start the journey now.”



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Arthur Murray
Dance Centers

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